How to help so many sentient souls in need of help and care?
As a doctor, I should respect the ancient instructions (of Sun Simiao)
And pledge to remain calm and composed
Be without greed and help without seeking to get anything in return
Cultivate a benevolent and compassionate heart
Care for and educate the suffering with every fiber of my being
So that the people can live in health and in peace.

Medicine needs to be obtained from reputable sources
Herbs need to be harvested correctly and be genuine
Their cultivation needs to be diligent and precise
In the paozhi process, no time-consuming step should be left out
And the potency of medicinal substances should never be compromised by financial gain.

Patients need to be treated sincerely
Words need to be compassionate
The heart needs to be true.
In ancient times, medicine came directly from the heart
If the heart is true then one’s medicine is naturally genuine.
My only wish is that we can embody these ancient principles in our actions
This way my heart can rest in peace.