



Alchemy and Symbolism in Chinese Medicine: A Reading List of Relevant Materials

COMPILED BY HEINER FRUEHAUF

Allan, Sarah. *The Shape of the Turtle: Myth, Art, and Cosmos in Early China*. New York: State University of New York Press, 1991.

Allan, Sarah. *The Way of Water and Sprouts of Virtue*. New York: State University of New York Press, 1997.

Bamford, Christopher, ed. *Homage to Pythagoras: Rediscovering Sacred Science*. Lindisfarne Press, 1994.

Birrell, Anne. *Chinese Mythology: An Introduction*. Baltimore: Johns Hopkins University Press, 1999.

Birrel, Anne, trans. *The Classic of Mountains and Seas*. Harmondsworth: Penguin, 1999.

Fiedeler, Frank. *Die Monde des Yijing: Symbolschöpfung und Evolution* (The Moons of the Yijing: Symbol Creation and Evolution). Munich: Diederichs, 1988.

Fiedeler, Frank. *Yin und Yang* (Yin and Yang). Munich: Diederichs, 2003. English translations available to view and download (4 chapters).

Fruehauf, Heiner. "Macrocosmic Alchemy: The Hidden Code to Deciphering the Function of the Organ Networks of Chinese Medicine." Part I and II. classicalchinesemedicine.org

Fruehauf, Heiner. "Restoring the Clinical Power of Chinese Medicine: Theory, Diagnosis and Treatment." Part I—III. classicalchinesemedicine.org

Fruehauf, Heiner. "The Organ Networks: The Lung." Part I—III. classicalchinesemedicine.org

Fruehauf, Heiner. "The Organ Networks: The Large Intestine." Part I—III. classicalchinesemedicine.org

Fruehauf, Heiner. "Correlative Cosmology in Chinese Medicine: The 12 Organ Systems and their Relationship to the 12 Months of the Year, the 24 Seasonal Nodes (jieqi), and the 72 Material Manifestations (wuhou)." View and download this article.

Fruehauf, Heiner. "Correlative Cosmology: Energetics of the First Month of Spring and Lung Function—A Comprehensive Collection of Relevant Classical Sources." View and download this article.

Fruehauf, Heiner. "Correlative Cosmology: Energetics of the Second Month of Spring and Large Intestine Function—A Comprehensive Collection of Relevant Classical Sources. View and download this article.

Fruehauf, Heiner. "Fei: An Etymological Analysis of the Pictogram for Lung." View and download this article.

Fruehauf, Heiner. "Etymological Analysis of the Defining Quote on the Lung Official in Chapter Eight of the Huangdi neijing suwen." View and download this article.

Fruehauf, Heiner. "The Lung and the Tiger Image: An Example of Decoding the Symbolic Record of Chinese Medicine." View and download this article.

Fruehauf, Heiner. "Ein Blick der klassischen chinesischen Medizin auf die Natur des Alterns und der Langlebigkeit" (A Classical Chinese Medicine Perspective on the Nature of Aging and Longevity), in Andreas Noll and Birgit Ziegler, ed., *Altern und Tod in der Chinesischen Medizin* (Aging and Dying in Chinese Medicine), München (Elsevier, 2006), p. 63-78.

Fruehauf, Heiner. "The Science of Symbols: Exploring a Forgotten Gateway to Chinese Medicine (Part Two)," *The Journal of Chinese Medicine*, Summer 2002. View and download this article.

Fruehauf, Heiner. "The Science of Symbols: Exploring a Forgotten Gateway to Chinese Medicine (Part One)," *The Journal of Chinese Medicine*, Spring 2002. View and download this article.

Fruehauf, Heiner. "Die Wurzeln der chinesische Medizin: Daoistische Kosmologie und die Alchimie der Symbole, Teil 2" (The Roots of Chinese Medicine: Daoist Cosmology and the Alchemy of Symbols, Part Two), *Societas Medicinae Sinensis*, 3/2002. View and download this article.

Fruehauf, Heiner. "Die Wurzeln der chinesischen Medizin: Daoistische Kosmologie und die Alchimie der Symbole, Teil 1" (The Roots of Chinese Medicine: Daoist Cosmology and the Alchemy of Symbols, Part One), *Societas Medicinae Sinensis*, 2/2002. View and download this article.

Fruehauf, Heiner. "On the Relationship of Medicine and Philosophy: From Zhang Xichun, 'Chinese at Heart But Western Where Appropriate: Essays Investigating an Integrated Form of Medicine,'" *The Empty Vessel*, Winter 1999. View and download this article.

Karcher, Stephen, trans. *Ta Chuan: The Great Treatise*. St. Martins Press, 2000.

Laviolette, Paul A. *Beyond the Big Bang: Ancient Myth and the Science of Continuous Creation*. Park Street Press, 1995.

Major, John. *Heaven and Earth in Early Han Thought: Chapters Three, Four, and Five of the Huainanzi*. Albany: SUNY Press.

Mitchell, John. *The Dimensions of Paradise: The Proportions and Symbolic Numbers of Ancient Cosmology*. Harper & Row, 1988.

Schwaller de Lubicz, R. A. *The Temple of Man: Apet of the South at Luxor*. 2 volumes. Translated by Robert and Deborah Lawlor. Inner Traditions, 1998.

Sun, Xiaochun and Kistemaker, Jacob. *The Chinese Sky During the Han: Constellating Stars and Society*. Leiden; New York: Brill, 1997.

Tjan, Tjoe Som (Tseng Chu-sen). *Po Hu T'ung: The Comprehensive Discussions in the White Tiger Hall*. Leiden: E.J. Brill, 1949 & 1952.

West, John Anthony. *Serpent in the Sky: The High Wisdom of Ancient Egypt*. First Quest, 1993.

