



Revitalizing Eco-Retreat

QIGONG WITH HEINER FRUEHAUF

PLAYA VIVA, MEXICO | DECEMBER 12 - 19, 2022

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
PLAYA VIVA ECO-RESORT, ZIHUATANEJO, MEXICO
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COST: \$2,450 USD (base price for shared accommodations)

INCLUDES:

- Oceanside morning and evening qigong led by Heiner
- 3 gourmet meals per day made from local organic food
- Daily tea time with Heiner
- All non-alcoholic and non-blended drinks
- Transportation to and from ZIH airport
- Wi-Fi in common areas
- All taxes, tips, and a donation to the Regenerative Trust
- Special requests and private accommodations available upon request and at an additional cost

FOR MORE INFORMATION OR TO REGISTER:
Contact info@heroninstitute.org

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