



Classical Pearls

A RETURN TO THE CLINICAL POWER OF OUR ROOTS

NEW PRACTITIONER GUIDE



For practitioners who are new to our product line, choosing which Classical Pearls formulas to stock may feel challenging. To help with that, we've curated a core list of **15 formulas** that offer broad clinical utility and address many of the most common conditions seen in modern practice, such as colds and flus, digestive complaints, pain, menstrual irregularities, and emotional imbalances. This will help you maximize your initial offerings.

These formulas are versatile, effective for both acute and chronic presentations, and designed to work well individually or in combination with each other. Many are part of our Legacy Series and reflect a constitutional approach to healing, with each formula crafted to be “alchemically stable” and adaptable over time. Color-coded by element and organ network associations, Classical Pearls are built for modular use, making it easier to tailor treatments.

This guide is a practical starting point to build a thoughtful, efficient inventory that supports both common and complex patient needs.



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Legacy Series Formulas



2-4 Bottles Recommended

Ease Pearls (Fufang Xiaoyao San modification)



- **Why:** Indispensable for LV Qi stagnation and SP deficiency. Stress, Anxiety, Depression, PMS, Irregular Menses, IBS, and bloating. Widely applicable for many modern complaints.
- Essential for LV/GB issues, chronic allergies, Plum Pit sensation, Wood-Earth imbalances and all Shaoyang disharmonies (COVID, Ear Infections, and other similar acute conditions)
- **Base Remedy:** Xiaoyao San, Xiaochaihu Tang, Maimendong Tang, Banxia Houpo Tang

Cinnamon Pearls (Guizhi Tang & Ling Gui Zhu Gan Tang modification)

- **Why:** Versatile for boosting immunity, warming the body, and transforming cold dampness. Good for frequent colds/flu, allergies, chronic aches worsened by cold/damp, and improving circulation. Very effective for chronic digestive issues and chronic body pain.
- Essential for food allergies, IBS, fatigue, and Autoimmune conditions.
- **Base Remedy:** Guizhi Tang and Ling Gui Zhu Gan Tang



Counterflow Pearls (Xuanfu Yiguan Jian modification)



- **Why:** Excellent for upper digestive complaints stemming from rebellious Stomach Qi and Yin deficiency, such as chronic acid reflux (GERD), belching, Hypertension, Diabetes, Cholesterol problems, volatile blood sugar, and vision issues.
- Essential for Reflux, blood pressure and counterflow disorders.
- **Base Remedy:** Xuanfu Daizhe Tang, Danshen Yin, and Yiguan Jian



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Spirit Pearls (Anshen Yin modification)

- **Why:** Crucial for anxiety, panic attacks, insomnia, and essential for calming the Shen. Addresses Heart and Lung imbalances, and is a key formula for treating PTSD.
- Essential for mental and emotional issues, depression, and trauma affecting the Spirit..
- **Base Remedy:** Suanzaoren Tang and Baihe Huashi San



Perilla Pearls (Suzi Lihou Tang modification)



- **Why:** Excellent for colds, flu, and bronchitis with a sore throat. Key formulation for the modern common cold that crosses between the traditional wind cold and wind heat symptoms.
- Essential for all common cold conditions in the modern age especially with chest congestion.
- **Base Remedy:** Suzi Lihou Tang and Xiao Xian Xiong Tang

Bamboo Pearls (Shenjin Guizhi Shaoyao Zhimu Tang modification)

- **Why:** An excellent formulation for pain, swelling, inflammation, numbness, and issues with degeneration of the tendons, sinews, joints, and connective tissues.
- Essential for arthritis, sciatica, disc problems especially in the head and neck issues including frozen shoulder.
- **Base Remedy:** Guizhi Shaoyao Zhimu Tang





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Moon Pearls (Jiao Ai Lizhong Tang modification)



- **Why:** An excellent formulation for invigorating blood and resolving blood stasis, especially in the lower abdomen and uterus. Highly effective for regulating the menses especially due to cold combined with stagnation of blood.
- Essential for regulating menstrual issues, dysmenorrhea, heavy bleeding, cysts, and endometriosis.
- **Base Remedy:** Fuzi Lizhong Tang and Jiao Ai Tang

Lightning Pearls (Su He Tang Jiawei II modification)

- **Why:** A deep-acting formula for chronic inflammatory disease, especially related to “Brain Gu Syndrome” caused by viral, spirochetal, and parasitic diseases that affect the nervous system, joints, and muscles.
- Essential for Herpes, Lyme, Fibromyalgia, chronic viral issues, and chronic fatigue.
- **Base Remedy:** Su He Tang



Thunder Pearls (Su He Tang Jiawei I modification)



- **Why:** A deep-acting formula for chronic inflammatory disease, especially related to “Digestive Gu Syndrome” caused by bacterial, fungal, microbial, protozoan, and parasitic diseases that affect the nervous system, joints, and muscles.
- Essential for E. coli, Giardia, Candida, Toxoplasma, SIBO, IBS, and chronic Colitis.
- **Base Remedy:** Su He Tang



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Wind Pearls (Jiemin Tang)

- **Why:** A powerful and useful formula directed at the treatment of respiratory allergies with symptoms of nasal congestion, sneezing, watery, itchy eyes and skin, wheezing, and cough.
- Essential for allergic asthma, allergic rhinitis, acute and chronic sinusitis, and similar types of seasonal conditions.
- **Base Remedy:** Cangerzi San, Sanzi Yangqin Tang



Oxbone Pearls (Guzhe Neifu Fang modification)



- **Why:** A classical Daoist cornerstone remedy specifically designed for traumatic injuries, broken bones, degenerative disorders of the connective tissue, bones, tendons, and soft tissues.
- Essential for fractures, external injuries, and to speed healing and recovery.
- **Base Remedy:** Daoist Folk Remedy

Golden Pearls (Lu Gui Quwan Tang)

- **Why:** An important treatment option for multiple issues, including cough, with yellow and green phlegm, abscess, and acute infections, especially in yang-deficient types of people who do not tend to do well with antibiotic-type treatments.
- Essential formula for infections of the sinus, teeth, and lungs, as well as for allergies, bronchitis, and skin conditions
- **Base Remedy:** Guizhi jia Gegen Tang and Weijing Tang





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Water Pearls (Legacy Series - Kidney Qi Pill from the Golden Cabinet)



- **Why:** The foundational formula for tonifying Kidney Qi. Widely applicable for low back/knee weakness and pain, cold extremities, frequent urination (especially at night), premature greying of the hair, and fatigue with a cold constitution.
- Essential for any chronic kidney issues and deficiency.
- **Base Remedy:** Yangling Guben Dan and Jingui Shenqi Wan

Wen Dan Tang (Heritage Series)

- **Why:** The classic remedy for phlegm and qi counterflow, and to restore downward momentum of the Gallbladder and Stomach qi and clear both physical and emotional stagnation in the throat/head, chest, and solar plexus, leading to digestive issues, anxiety, depression, insomnia, and lump formations.
- Essential for chronic digestive discomfort, emotional distress, and nausea.
- **Base Remedy:** Same



Xuefu Zhuyu Tang (Heritage Series)



- **Why:** A key remedy to vitalize the blood and dispel blood stasis, especially in the chest and “mansion of blood”. It has become the primary remedy of choice for TCM blood pathologies.
- Essential for all blood stasis conditions with chest pain and discomfort, with insomnia, restlessness, and signs of blood stasis.
- **Base Remedy:** Taohong Siwu Tang and Sini San